



## Preschool Screening Checklist

- Says "I can't" or "I won't" to age appropriate activities
- Needs more practice than other children to learn new skills
- Clumsy, falls frequently
- Low muscle tone; seems weak or floppy
- Bumps into furniture or people, has trouble judging body in relation to space around him/her
- Dislikes coloring in lines, doing puzzles or cutting with scissors
- Overly active, unable to slow down
- Short attention span. Moves quickly from one toy to another.
- Delayed language development
- Difficulty self-calming
- Doesn't notice or over-reacts to touch, taste, sounds, or smells
- Dislikes bathing, cuddling, or haircuts
- Very picky eater. Eliminates eating whole food groups.
- Has difficulty handling unexpected changes and transitions
- Difficulty following 1 to 2 step directions
- Avoids playground activities. Prefers sedentary play.
- Does not enjoy jumping, swings or having feet off the ground
- Finds it difficult to make friends with children of the same age.
- Prefers to play with adults or younger children rather than peers
- Easily frustrated or lacks of confidence to try new things

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**If you checked more than 3 items, or if any of these symptoms is disrupting your household, your child may benefit from Occupational Therapy.**

Please give our office a call, and let's see how we can help you and your child!

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